

# JUANITA BAY GYM SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM							
6:00 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM	Adult Pick-Up Basketball  4:30-6:30pm	Swim 'N' Gym 4:15-5:45pm	Adult Pick-Up Basketball  4:30-6:30pm	Swim 'N' Gym 4:15-5:45pm	Adult Pick-Up Basketball  4:30-6:30pm		
5:00 PM							
6:00 PM							Adult Pick-Up Basketball  5:30-Close
7:00 PM							
8:00 PM							
9:00 PM							



# JUANITA BAY GYM CLASS DESCRIPTIONS

## Adult Programs

### Adult Pickup Basketball

We offer self monitored Adult Pickup Basketball on our courts throughout the week. There is no need to sign up, just stop by and play! For more information about pickup basketball, contact our Programs Director, Bre Rubbo at [brer@columbiaathletic.com](mailto:brer@columbiaathletic.com).

## Youth Programs

### Swim 'N' Gym

Swim 'N' Gym - A favorite of CAC kids! We will head down to the family pool for some fun, free swim! We will then transition back up to the basketball court for tag games, sports, and organized play! Please have kids come with swimsuits on already under their clothing. Drop off and pick up are in the basketball court. Please register at the front desk.

**Time:** 4:15 – 5:45pm

**Days:** Tuesday and Thursday

**Ages:** 4 – 12

**Fee:** Complimentary with Family Membership,  
\$10+ tax Non-Member

## Other

The gymnasium may be used for youth camps from 9am to 3:30pm during school holidays, breaks, and teacher in-service days. Please note the current Lake Washington School District non-school days:

- Friday, October 19
- Monday, November 12
- Thursday and Friday, November 22 and 23
- Monday – Friday, December 24 – 28
- Monday – Friday, December 31 – January 4
- Monday, January 21
- Thursday, Friday, and Monday, February 14, 15, and 18
- Friday, March 8
- Monday – Friday, April 8 – 12
- Friday, Monday, and Tuesday, May 24, 27, and 28

