

## Tennis Department

Mark Bergman	Tennis Director	ext.2242
Mark Tomandl	Tennis Professional	ext.2239
Brian Verwolf	Tennis Professional	ext.2240
Val Scheevel	Tennis Professional	ext.3004
Dan Lum	Tennis Professional	ext.3010
Adam Clauson	Tennis Professional	ext.3001

All pros are USPTA Certified.

## Adult Lessons

### GROUP LESSONS

Adult group lessons are designed to develop and improve basic tennis skills and strategies. Maximum of six players per class. (except for Cardio Tennis).

Ability	Time	Instructor
Adult Beginner	Sat., 11:30–12:30 P.M.	Dan Lum
Cardio Tennis**	Tues. & Thurs., 8:45–9:45 A.M.	Mark Bergman
2.5 Workout	Tues., 6:00–7:00 P.M.	Brian Verwolf
3.0 Workout	Fri., 9:00–10:00 A.M.	Mark Bergman
3.0 Workout	Tues., 7:00–8:00 P.M.	Brian Verwolf
3.5 Workout	Wed., 7:30–8:30 P.M.	Brian Verwolf
3.5 Workout	Mon., 5:30–6:30 P.M.	Mark Tomandl
3.5 Workout	Mon., 6:30–7:30 P.M.	Mark Tomandl
4.0 Workout	Thurs., 7:30–8:30 P.M.	Mark Tomandl
4.5 Workout*	Sat., 10:00–11:30 A.M.	Brian Verwolf

### Tennis Member Fees

\$64/4 week session or \$17 per class  
\*\$88/4 week session or \$24 per class (4.5)

### Athletic Member Fees

\$74/4 week session or \$20 per class  
\*\$98/4 week session or \$26 per class (4.5)

### Non-member Fees

\$84/4 week session or \$23 per class  
\*\$108/4 week session or \$29 per class (4.5)

### \*\*Cardio Tennis Fees (per class)

\$13 Tennis Member/\$16 Athletic Member  
\$20 Non-member

## Private/Semi-Private Lessons

For those who like to learn in a one-on-one or smaller group atmosphere, private and semi-privates are available. Contact the individual Pro directly or contact Tennis Director Mark Bergman for assistance.

### Rates for all USPTA Pros:

	Tennis Mem.	Athletic Mem.	Non-mem.
Private (1 hour)	\$63	\$68	\$78
Private (1/2 hour)	\$34	\$37	\$40
2 Person Semi-Private	\$32pp	\$37pp	\$40pp
3 Person Semi-Private	\$23pp	\$26pp	\$29pp
4 Person Semi-Private	\$18pp	\$20pp	\$23pp

## Policies

**Group Lessons**—Sign-up for group lessons at the front desk. All group lessons must be paid in advance, and refunds for temporary illness or vacation are not allowed. Students may “drop in” on a space available basis. Non-members are on a wait list until the first day of class.

**Private Lessons**—Sign up for private lessons directly with the pro. Cancellations must be made 24 hours in advance to avoid being billed for a lesson. Pros will encourage scheduling private lessons during non-primetime hours.

**Payments**—We accept cash, check, Visa, MasterCard, Discover, American Express and house charges.

## New! Supervised Match Play

Have one of our Pros supervise your match play. The Pro will sit on the bench or move around while instructing play or taking stats. The Pro does not feed balls. Members must reserve the court for normal play. Contact the Pro directly or contact Mark Bergman if you need help selecting a Pro. The Pro will supervise for the whole court time (90 minutes) but you'll pay for an hour lesson.

For more information please call:

425-745-1617 • 425-337-7477  
888-658-2529

[www.columbiaathletic.com](http://www.columbiaathletic.com)

# TENNIS



*Silver Lake*  
**Summer 2009**

*Tennis Lessons*  
**and**  
*Programs*



[www.columbiaathletic.com](http://www.columbiaathletic.com)

## Weekly Tennis Programs

All weekly programs cost \$1 per program

### Ladies Night – Mondays @ 7:00 P.M.

- Format:** Doubles  
**Levels:** 2.5–3.5  
**Sign-up:** Front desk, up to 1-week in advance

### Men's Night – Wednesdays @ 7:00 & 8:30 P.M.

- Format:** Doubles  
**Levels:** 2.5–4.0  
**Sign-up:** Front desk, starting on preceding Monday

### Ladies Day – Thursdays @ 11:30 A.M.

- Format:** Doubles  
**Levels:** 2.5–3.5  
**Sign-up:** Directly with Val Scheevel

### Saturday A.M. Tennis – Saturdays @ 8:30 A.M.

- Format:** Doubles/Mixed Doubles  
**Levels:** 2.5–4.0  
**Sign-up:** Front Desk, starting on preceding Wednesday

### Sunday P.M. Tennis – Sundays @ 5:30 P.M.

- Format:** Doubles/Mixed Doubles  
**Levels:** 2.5–4.0  
**Sign-up:** Front Desk up to 1-week in advance

## Special Events/Programs

- **Tennis Mixers:** Quarterly
- **Tournaments:** Throughout the year, see tennis events calendar for dates
- **Child/Parent Tennis Night:** Summer
- **USTA Leagues:** Throughout the year
- **Ladies CUP Leagues:** September thru March
- **Matchmaking:** (finding players of similar ability): Contact Tennis Director
- **Tennis Email Club:** Contact Tennis Director to be added

## Junior Tennis Program

**Coaches:** Mark Tomandl, Brian Verwolf, Mark Bergman, Val Scheevel, Dan Lum, Adam Clauson, and Catherine Jorgensen

Silver Lake offers summer junior tennis classes to kids of all ages and levels. During classes participants will enjoy stroke instruction and analysis, along with drills set up to enhance their skills. Games will be played to add a lot of fun to the learning environment as well as weekly matches against fellow juniors. Prizes and camp T-Shirts will also be included in these fun-filled classes. Classes run weekly and participants are welcome to sign-up in advance for as many weeks as desired. Members have registration priority up to 3 weeks prior to the beginning of the class.

### JUNIOR CLINICS (price is per week session)

Class	Tennis Member	Fitness Member	Non Member
<b>Pee Wees*</b> 4–7/Beginner Monday–Thursday 10:30–11:15 A.M. (outside)	\$50	\$60	\$70
<b>Summer Tennis Camp</b> 8–16/Beg/Int. Monday–Thursday 11:30 A.M.–1:00 P.M.	\$90	\$100	\$110
<b>Rookies/All-Stars</b> 10–18/Int./Adv./Varsity Monday–Thursday 2:30–4:00 P.M.	\$90	\$100	\$110
<b>Champs/Junior Team</b> 13–18/See Pros Monday–Thursday 4:00–5:30 P.M.	\$90	\$100	\$110

### WEEKLY SIGN-UP (10 WEEKS)\*

Week 1	June 22–25	Week 6	July 27–30
Week 2	June 29–July 2	Week 7	August 3–6
Week 3	July 6–July 9	Week 8	August 10–13
Week 4	July 13–16	Week 9	August 17–20
Week 5	July 20–23		

\*Pee Wees is offered only during weeks 2–7

**Available to Juniors in the Rookies, All-Stars and Champ levels:**

### JUNIOR TEAM

Be part of Silver Lake's growing Junior Team. Those that participate in our Junior Clinics and Programs are invited out to Exchanges with other clubs as well as other Fun Junior Tennis events.

### SUMMER JUNIOR TOURNAMENTS

These USTA tournaments are set up for boys and girls in the 12, 14, 16 and 18 and under age divisions. You must be a USTA member to play in these tournaments.

#### \*USTA Silver Lake Junior "Rookies"

**Date:** June 19–21  
**Entry Deadline:** June 8  
**Fee:** \$25 singles / \$30 doubles (per team)

#### \*\*USTA Silver Lake Junior "Champs"- Singles only

**Date:** August 21–23  
**Entry Deadline:** August 10  
**Fee:** \$32

\*\*"Rookie" level is for those juniors who are playing in their first few tournaments.  
 \*\*\*"Champs" is the highest of the three levels of the USTA Jr. Tournaments.

